**COVID-19**

**Helpful Links**

We have compiled, and will continue to update, a list of helpful links for you and your business:

**CBILS**

Businesses need to approach [participating banks and lenders](https://www.british-business-bank.co.uk/ourpartners/coronavirus-business-interruption-loan-scheme-cbils/accredited-lenders/) to apply.

For more information about this scheme visit the [British Business Bank website.](https://www.british-business-bank.co.uk/ourpartners/coronavirus-business-interruption-loan-scheme-cbils/)

**CJRS (Coronavirus Job Retention Scheme)**

[Click here](https://www.gov.uk/guidance/claim-for-wage-costs-through-the-coronavirus-job-retention-scheme) for UK Government information about the Coronavirus Job Retention Scheme.

There is also an additional step-by-step guide to applying for the CJRS on the HMRC website - [here](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/880092/Coronavirus_Job_Retention_Scheme_step_by_step_guide_for_employers.pdf).

**Self-employment Income Support Scheme**

The Self-employment Income Support Scheme will support self-employed individuals (including members of partnerships) who have lost income due to coronavirus (COVID-19).

[Click here](https://www.gov.uk/government/publications/guidance-to-employers-and-businesses-about-covid-19/covid-19-support-for-businesses#support-for-self-employed-through-the-self-employment-income-support-scheme) for more information

**HMRC – VAT & Self-assessment deferrals**

Because of coronavirus you may be able to defer some tax payments without paying a penalty. You can:

* [delay VAT payments](https://www.gov.uk/guidance/deferral-of-vat-payments-due-to-coronavirus-covid-19) due before 30 June 2020 until 31 March 2021
* delay your Self-Assessment [payment on account](https://www.gov.uk/understand-self-assessment-bill/payments-on-account) due in July 2020 until 31 January 2021

[Contact the HMRC coronavirus (COVID-19) helpline](https://www.gov.uk/government/organisations/hm-revenue-customs/contact/coronavirus-covid-19-helpline) if you cannot pay any other tax bills because of coronavirus.

**£10K & £25K Small Business Support Grant Schemes**

[Click here](https://www.nibusinessinfo.co.uk/content/coronavirus-business-support-grant-schemes) for NI Business Information about the above.

**General UK Government Resources**

General Government guidance to assist employers, businesses and their staff in addressing COVID-19 – [click here.](https://www.gov.uk/government/publications/guidance-to-employers-and-businesses-about-covid-19)

[Claim back Statutory Sick Pay paid to employees due to coronavirus (COVID-19)](https://www.gov.uk/guidance/claim-back-statutory-sick-pay-paid-to-employees-due-to-coronavirus-covid-19)

The Government has also released guidance for the Charity Sector – [here.](https://www.gov.uk/guidance/coronavirus-covid-19-guidance-for-the-charity-sector)

**Health & Wellbeing**

* [Department for Health](https://www.health-ni.gov.uk/coronavirus) advice.
* [NHS advice](https://www.nhs.uk/conditions/coronavirus-covid-19/): for coronavirus information.
* If you are feeling under pressure from the financial and emotional burden brought on by the coronavirus situation, support networks are available including [Mind](https://www.mind.org.uk/information-support/coronavirus/coronavirus-and-your-wellbeing/) and the [Samaritans](https://www.samaritans.org/).4
* COVID – 19 & Anxiety – [7 steps to help improve your mental health](https://www.amh.org.uk/news/covid-19-and-anxiety-7-steps-to-help-improve-your-mental-health-amh-menssana/), by Action Mental Health.